#### POZNAN UNIVERSITY OF TECHNOLOGY



#### EUROPEAN CREDIT TRANSFER AND ACCUMULATION SYSTEM (ECTS)

pl. M. Skłodowskiej-Curie 5, 60-965 Poznań

## **COURSE DESCRIPTION CARD - SYLLABUS**

Course name

**Psychology - Social Communication** 

Course

Field of study Year/Semester

Pharmaceutical Engineering 1/2

Area of study (specialization) Profile of study

- general academic
Level of study Course offered in

First-cycle studies polish

Form of study Requirements

full-time elective

**Number of hours** 

Lecture Laboratory classes Other (e.g. online)

0 0

Tutorials Projects/seminars

15 0

**Number of credit points** 

1

**Lecturers** 

Responsible for the course/lecturer: Responsible for the course/lecturer:

Marcin Cybulski, PhD

## **Prerequisites**

A secondary school knowedge in the areas of biology and social studies. An ability to obtain informations from indicated sources and readiness to undertake an individual work and a team cooperation.

#### **Course objective**

The main course objective is to present the knowledge in the area of general, clinical & social psychology in a social communication context. An additional goal is to increase a level of student's knowledge about individual psychological resources.

#### **Course-related learning outcomes**

Knowledge

Knows the basic paradigms, terms and definitions in the field of general, clinical & social psychology.[K\_W1]

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Knows the basic mechanisms and rules in the human psychic sphere - in an intra- and interpersonal context.[K\_W5]

Has knowledge about the impact of psychological phenomena on interpersonal/external relationships and interactions.[K\_W9]

Has knowledge of normative and non-normative mental states.[K W9]

Skills

Has the ability to inspect their own psychological resources.[K U24]

Can use classification of diseases, disorders and health problems basically.[K\_U14]

Social competences

Recognises, understands and respects a variety of human attitudes and behaviours.[K\_K4] [K\_K5]

#### Methods for verifying learning outcomes and assessment criteria

Learning outcomes presented above are verified as follows:

Knowledge and skills acquired during the tutorials are verified during the teaching process and personal contact with the lecturer and a test of knowledge consisting of 15-20 multiple-choice questions with one correct answer. The pass mark is 50% correct answers + 1 question.

#### **Programme content**

## **Tutorials:**

- 1. Basic psychological terms, definitions and paradigms
- 2. Psychological personal resources in human functioning
- 6. Personal and social communication resources
- 7. Introduction to social psychopathology. Selected groups of mental disorders and psychopathological states

### **Teaching methods**

Tutorials: multimedia presentations, a blackboard-presented illustrations, discussion and performance of tasks given by the teacher - during individual and group exercises.

# **Bibliography**

**Basic** 

Gerrig R.J., Zimbardo P.: Psychologia i życie (Psychology and Life), Wydawnictwo Naukowe PWN, Warszawa 2020 (lub wydania wcześniejsze/or previous issues).

Sęk H.: Wprowadzenie do psychologii klinicznej (Introduction to Clinical Psychology), Wydawnictwo Scholar, Warszawa 2013 (lub wydania wcześniejsze/or previous issues).

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## none

# Breakdown of average student's workload

	Hours	ECTS
Total workload	25	1,0
Classes requiring direct contact with the teacher	15	0,5
Student's own work (literature studies, preparation for tutorials,	10	0,5
preparation for tests) <sup>1</sup>		

3

 $<sup>^{\</sup>mbox{\scriptsize 1}}$  delete or add other activities as appropriate